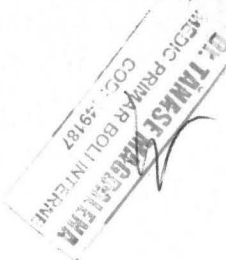


SPITALUL JUDETEN DE URGENTA BUZAU

REGIMUL 9 (comun) 13 – 19 nov 2017

	DIMINEATA	PRANZ	SEARA
LUNI	Ceai, paine, salam-50g Unt-25	Ciorba de zarzavat Friptura porc cu varza	Spaghete cu branza telemea compot
MARTI	Ceai, paine, Branza telemea-50g Unt-25g	Ciorba de zarzavat Parjoala cu pilaf Salata varza	Salata orientala Fidea cu lapte
MIERCURI	Lapte-250ml, paine, Pate-50g, unt-25g	Ciorba de zarzavat Friptura cu sote de legume (amestec mexican) Gogosi	Pilaf cu carne ceai
JOI	Lapte-250ml, paine, Cascaval-50g, unt-25g	Ciorba de zarzavat Peste cu cartofi sote	Mamaliguta cu branza si smantana 100g si 100g Ceai + biscuiti-100g
VINERI	Ceai, paine , Cremwursti-2 buc Unt-25g	Ciorba de zarzavat Iahnie de fasole uscata cu costita salata varza Gogosi	Spaghete cu branza telemea ceai
SAMBATA	Ceai , paine, Salam-50g, unt-25g	Ciorba de zarzavat Friptura pui cu spaghete	Mancare de cartofi cu carne Orez cu lapte
DUMINICA	Ceai paine, Ou fiert , Unt-25g	Ciorba de zarzavat Mazare cu carne	Pilaf cu friptura ceai



Intocmit, As. Diet.,
Olteanu Lorena